



COSA Emergency Resources

Stay Informed	Phone	Notes/Link
List of City Closures		www.sanantonio.gov
Metro Health COVID 19 Hotline (Eng/Span)	210-207-5779	www.sanantonio.gov/health/2019ncoronavirus
Superior Health Plans Coronavirus News for families		https://www.superiorhealthplan.com/newsroom/corona-telehealth-services.html
Ready South Texas App		Residents are encouraged to download
Public Service Announcements		https://www.youtube.com/playlist?list=PLkplWql2-TOBKeAiGYVGOXM8Sm7UUHCWu
CoSA Text Updates		Text COSAGOV to 55000
SACRD- a directory of resources offered by congregations, nonprofit organizations, government agencies, and compassionate groups in and around San Antonio.		https://sacrd.org/directory/
SAISD Updates and Parent Resources		https://www.saisd.net/page/covid-19
EMERGENCY ASSISTANCE - Food	Phone	Notes/Link
San Antonio Food Bank - food assistance and pantries	210-431-8326	https://safoodbank.org/our-programs/
SAISD has expanded their meal pick up service to 27 sites- Breakfast and lunch		https://www.saisd.net/upload/page/0798/docs/CurbsideFeedingMap.pdf
SAISD- Eats Program delivers meals to select bus stops at varying times via SAISD Transportation department		The list of bus stops and times of delivery are posted online
EISD (students must be enrolled in the district) available at all campuses Breakfast and lunch		https://www.eisd.net/
WIC- A parent can call their local WIC clinic directly or the administrative office (210) 207.4650 to schedule an appointment. Parents can provide needed documents via email. During this time the State has allowed the waiving of child's height, weight, etc. so child is not required to attend appointment. They are trying to avoid parent having to enter the clinic for any reason, unless of course parent is on bus or walking, then they will bring into clinic. They also offer online classes for recertification if parent already receives WIC benefits.		https://www.sanantonio.gov/Health/AboutUs/ClinicLocations
Parks and Recreations- Park Community Centers are distribution sites, SA Food Bank is managing the distribution and schedule. Their distribution schedule on their website is updated daily.		Operating 18 drive-up distribution sites at Parks and Recreation community centers. Children to-go meals are available for pick-up during lunch and dinner, 11:30 am - 1 pm (lunch distribution) and 4:30 pm - 6pm (dinner distribution). One free meal will be provided for each child in the vehicle. Family packed meals will be available at a designated community center one day per week, 4:30 pm - 6:30 pm. Family packs include a weekly supply of food for a family of four. The San Antonio Food Bank is providing enough food to serve between 150-200 families per site per week. In an effort to practice social distancing, staff are loading meals into vehicle trunks.

EMERGENCY ASSISTANCE - Employment	Phone	Notes/Link
H-E-B Short Term Work Opportunities		https://heb.taleo.net/careersection/ex-hourly_stores_temps/jobsearch.ftl?lang=en&portal=136200028688
Amazon Hiring for warehouse, drivers, etc		https://www.google.com/search?q=is+amazon+hiring+in+sanantonio&oq=is+amazon+hiring+in+sanantonio&aqs=chrome..69i57j0l2.12726j0j7&sourceid=chrome&ie=UTF-8&ibp=htl;jobs&sa=X&ved=2ahUKewi6gviR_KToAhUFlawKHZUnCilQiYsCKAF6BAgHEBA#htivrt=jobs&htidocid=DCEwBl6sXq_akPw1AAAAAA%3D%3D&fpstate=tlldetail
Workforce Solutions Alamo Resources- for individuals looking for work and businesses impacted by closures	210-224-4347	https://www.workforcesolutionsalamo.org/
Texas Governor Greg Abbott instructed the Texas Workforce Commission to waive the waiting week, for Unemployment Benefits. In addition to waiving the waiting week, the Texas Workforce Commission is exercising its authority under the Governor's declaration of a Statewide Disaster to waive Unemployment Insurance work search requirements effective immediately.		https://twc.texas.gov/jobseekers/applying-unemployment-benefits
Resources for businesses- SBA Loans Texas Governor Greg Abbott requested designation from the Small Business Administration (SBA) Economic Injury Disaster Declaration to access the Economic Injury Disaster Loan (EIDL) program for the entire state of Texas.		https://disasterloan.sba.gov/ela/
Disaster Loans - a partnership with LiftFund, the City of San Antonio helps make 0% interest loans available to qualifying local small, minority, and women-owned businesses. Loans range from \$500 to \$100,000 and can be used to help start-up or existing business.		https://disasterloan.sba.gov/ela/Documents/Three_Step_Process_SBA_Disaster_Loans.pdf
		https://www.liftfund.com/loans/
Small businesses are also encouraged to create a contingency plan.		The U.S. Chamber of Commerce Offers guidance online
Small Business Resources		www.sba.gov

EMERGENCY ASSISTANCE - Other	Phone	Notes/Link
2-1-1	2-1-1	www.211.org/services/covid19
3-1-1	3-1-1	Assistance for questions and requests
SAWS/CPS/Rent		Will not disconnect services for residents who fail to pay their bills. Halting evictions to prevent people from losing their homes
Family Violence Prevention	210-733-8810	Residents who need shelter. If an emergency call 9-1-1
SAPD	210-207-SAPD	Violence increases in times of stress. Those experiencing violence at home are encouraged to make a safety plan and contact the SAPD non-emergency line
H-E-B free curbside service		https://www.mysanantonio.com/business/article/H-E-B-is-providing-free-next-day-curbside-15134419.php
Spectrum- Free 60 day internet service - Hotspots will be open and services for families with K-12 children in the homes		https://spectrumlocalnews.com/tx/san-antonio/news/2020/03/13/charter-communications-to-offer-free-broadband--wifi-access-
Goodwill Taps Program- a number of schools have moved learning on line for students. This may be a viable option for some students and/or families with technology for as low as \$70. Application and flyer sent separately. Application required.	210-271-8806	electronicstore@goodwillsa.org
SAHA- Suspension of late fees, vacate notices and more		https://saha.org/coronavirus/
Emergency Assistance- Utility Assistance (online application)		https://dhs.mendixcloud.com/
Emergency Assistance- Rental (Paper application)		https://www.sanantonio.gov/humanservices/FinanceEmergency/UtilityAssistance
Utility Assistance		https://www.sanantonio.gov/humanservices/financeemergency/utilityassistance
Rental/Mortgage Assistance		https://www.sanantonio.gov/NHSD/Programs/FairHousing
SA Foodbank- Various programs: utility assistance, seniors		https://safoodbank.org/our-programs/
Texas Diaper Bank	210-731-8118	Extension 1
Inman Christian Center	210-222-9641	Diapers. They are out of formula
Daughters of Charity	210-334-2306	Diapers limited formula for children younger than 35 months. They cannot assist 3 years and older
St Stephens Care Center	210-226-6178	Baby supplies, clothing, food pantry
Gabriel Project	210-563-0669	Food pantry, baby food, cereals and formula, clothing, diapers, wipes
VIA Bus Fares	210-362-2020	All fares will be suspended through 1am on April 1st. At the end of the period VIA will evaluate and provide an update moving ahead.

Parenting	Phone	Notes/Link
EISD/SAISD School District Communication & Virtual Learning		Both school districts are working with their staff, including principals, teachers, specialists, for communication plans, assessing needs, distributing resources, implementing virtual learning, etc. Many campuses have initiated this plan and it is campus specific. Teachers are working on virtual learning activities and will be in touch with families in the coming days.
EISD Virtual Learning		https://www.eisd.net/eisdvirtuallearning
Virtual learning resources from districts across the region		https://therivardreport.com/google-classroom-and-chromebooks-san-antonio-school-districts-ready-distance-learning-plans/
Ready Rosie- Families that are currently signed up they will continue to receive weekly emails. As you contact parents, be sure to update cell phone and email address.		https://readyrosie.com/en/healthyathome/
Parent Perusals- Parenting Assistance		https://www.smore.com/gp5dn-parent-perusals?ref=email
100 Things to do with your children during COVID(English)		https://drive.google.com/file/d/1DjwE7qw1jpe7R2JdDAp2ghaiSjkzpDRv/view
100 Things to do with your children during COVID (Spanish)		https://drive.google.com/file/d/1HpySr6zd0xFySFh_g_6ScC9AqxHdPI3E/view
CDC Talking with children about Coronavirus		https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/talking-with-children.html
Family Wellness- Managing stress		https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fabout%2F coping.html
CNN's Guide to keeping your Child Safe and Reassured as Coronavirus Spreads		https://www.cnn.com/2020/03/05/health/coronavirus-how-to-talk-to-children-trnd/index.html
Talking to children about COVID 19 outbreak		https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-(coronavirus)-a-parent-resource
Just a Kids Comic Exploring the New Coronavirus		https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus
SAISD Children Learning resources		https://www.saisd.net/2020
Storyline Online- Have some of your favorite stories read to you and your children by movie stars		www.storylineonline.net
Switcheroo Zoo- watch, listen and play games to learn all about amazing animals.		www.switcheroozoo.com
National Association for the Education of Young Children (NAEYC) Find research-based resources tips and ideas for families from child development to reading, writing, music math and more		www.naeyc.org/our-work/for-families
Learning At Home Resources – School districts and organizations across the region are putting together grade specific learning at home resources that do not require internet acc. There is so much out there and it can quite overwhelming and stressful (anyone else there feeling overwhelmed?). Remind parents that they are not expected to duplicate everything that happens at school. The learning packets will be available online by Monday. Printed packets are available and distributed during meal distribution at campuses.		https://saisdofficeofacademics.weebly.com/digital-homeroom.html
		https://www.eisd.net/cms/One.aspx?portalId=12152078&pageId=14367205

Senior Services	Phone	Notes/Link
Human Senior Services Division	210-207-7172	All Senior Center members enrolled in the Senior Nutrition Program will receive meal distributions and San Antonio Food Bank commodities at the senior centers during the closure. Seniors needing a meal or Food Bank commodities may contact the Department of Human Services senior center nearest to them for services.
West End Park Senior Center	210-207-1720	
District 2 Senior Center	210-207-5390	
Southside Lions Senior Center	210-207-1760	
Willie Cortez Senior Center	210-207-5295	
District 5 Senior Center	210-207-5270	
Normoyle Senior Center	210-207-5650	
Alicia Trevino Lopez Senior Center	210-558-0718	
Doris Griffin Senior Center	210-780-7444	
Bob Ross Senior Center	210-207-5300	
Northeast Senior Center	210-207-4590	
San Antonio Food Bank Commodities	210-431-8326	
Meals on Wheels	210-735-5115	
Alamo Service Connection/Senior Services	210-477-3275	
H-E-B Senior Support Line- Phone orders can be made from 9am-1pm All delivery and service fees will be waived for the first 30 days of the program, however, a \$10 tip for the Favor Runner who delivers the items will be automatically added to the total.	1-833-397-0080	https://urldefense.com/v3/ https://favordelivery.com/order-delivery/h-e-b-5/ ;!!D38LNok!nbfloguc79eiBFSUryfy5khB_NgR9Prjo6W0TyEdMIM4DBmHdaLXgesFbTlaIFk3DA\$